

DOCTOR DISCUSSION GUIDE

Use this guide to help you prepare for your next appointment

Visit SeeTheFullPicture.ca to learn more about cataract surgery and your lens implant choices.

Ophthalmologist Name and Contact Information: _____

Next Appointment: _____

DISCUSSING YOUR VISION GOALS:

Modern cataract surgery is a safe and effective procedure that involves replacing the eye's cloudy inner lens, called a **cataract**, with a prescription artificial intraocular lens implant (or IOL), which is designed to be permanent. If cataract surgery is appropriate for you, the IOL prescription you choose together with your surgeon will affect how well you see without glasses after surgery.

Your answers to the question below will help your ophthalmologist (eye surgeon) to provide you with the information you need to make the best decision for your vision.

My preference for **wearing glasses** in the following situations is:

A. Seeing Well Up Close



- I prefer wearing glasses
 I prefer not wearing glasses

B. Seeing Well Far Away



- I prefer wearing glasses
 I prefer not wearing glasses

QUESTIONS FOR YOUR OPHTHALMOLOGIST:

1. Which lens would you recommend for me?
2. What will my vision be like after cataract surgery?
3. Will I still need to wear glasses or contacts after cataract surgery?
4. What are the risks of cataract surgery?
5. How long does cataract surgery take?
6. How should I prepare for cataract surgery (e.g., do I need to stop any of my medications)?
7. How do I care for myself after cataract surgery?
8. When can I return to my usual activities?

9. Other: _____

Notes: _____
